



Youth Program Schedule

Age Groups and Group Leaders

TS	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	Grp 1				Group 2			Group 3			Group 4			Group 5	
					Brooke Kaczynski & Micaela Durant			Megan Banfield & Elizabeth Pawlik			Danielle Cignarella & Christina Guglielmo			Maria Duprez & Alicia Hernandez	

Group 1 consists of TS and Non-TS kids.

Non TS	4	5	6	7	8	9	10	11	12	13	14	15	16	17
	Group 1							Group 6						
	Andrew Stevens & Becca Aye							Terra Stephens & Ryan Cignarella						

If your child wants to be in the same group as a friend, please call us to coordinate.

Group 1: 4-year-olds and non-TS (4-10 yrs)

Leaders: Andrew Stevens and Becca Aye

Activities

Parents and children meet and greet

Crafts

- Grow a rainbow
- Coffee Filter Butterflies
- Magic Wands

Group Activities

Simon Says

- Candy Land
- Duck-Duck Goose
- Musical chairs
- Musical statues
- I spy on the patio (fenced in)
- Plan a Group Karaoke Song for Friday Night
- Karaoke
- Hi Ho Cherry-O

Downtime

- 2 snacks/breaks each day (morning and afternoon)
 - Dress up/ pretend
 - Movie
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Group 2: 5-7 year olds with TS

Leaders; Brooke Kaczynski and Micaela Durant

Activities

Parent/child introductions

Crafts

- Make Worry Monster
- Grow a rainbow
- Friendship bracelets
- Make a magic wand
- Make pink and green coffee filter butterflies

Group Activities

- Read Wilma Jean Worry Machine
- Plan a Group Karaoke Song for Friday Night
- Personal space/boundaries, and dance
- Friendship Activity
- Friendship Flower Garden Activity
- Talk with a Doc- Endocrinologist
- Should or shouldn't I- Activity
- Karaoke
- Scavenger hunt
- Talk with the 8-10-year-old girls
- Karaoke and change into Splash clothes
- Splash Pad fun at the Park

Downtime

- 2 snacks/breaks each day (morning and afternoon)
- Dress up/ Pretend
- Chalk and bubbles on the patio

Group 3: 8-10 year olds with TS

Leaders: Megan Banfield and Elizabeth Pawlik

Activities

Parent/child introductions

Crafts

- Painting with friends on the patio
- Friendship bracelets
- Origami

Group Activities

- Karaoke
- Splash Pad Fun at the Park
- Plan a Group Karaoke Song for Friday Night
- Wicked Butterfly Activity
- Scavenger Hunt
- Talk with a Doc- Endocrinologist
- Movement/ Dance Party
- Self-Esteem Activity (professional)
- The Human Knot Game
- Talk with the 11-13-year-old girls
- Paper Chain Game
- Improv with Maria
- Spatial Awareness: Obstacle Course
- Talk with the 5-7-year-old girls

Downtime

- 2 snacks/breaks each day (morning and afternoon)

Group 4: 11-13 year olds with TS

Leaders: Danielle Cignarella and Christina Guglielmo

Activities

Group introductions with parent(s)

2 snacks a day (morning and afternoon)

Crafts

- Make friendship bracelets

- Decorate a witch hat/ crown/ wand for a karaoke group song
- DIY flower pens
- Make a beaded backpack, jacket, or bag tag

Group Activities

- TS Q&A
- Plan and record TikTok-type TS videos
- Trivia Game: Kahoot/ Blooket or Gimmie 3
- Talk with a Doc- Endocrinologist
- Plan a Group Karaoke Song for Friday Night
- Improv with Maria
- Talk about school (professional)
- Talk with 8-10-year-old girls
- Making and navigating friendships (professional)
- Talk with the 8-10-year-old girls
- Karaoke
- Amazing Race/ Selfie Scavenger hunt/ or Goose chase Activity

Downtime

Group 5: 14-18 year olds

Leaders: Maria Duprez and Alicia Hernandez

Activities

Group introductions with parent(s)

Crafts

- Friendship bracelets
- Witch Hat/ Crown decorating for the group karaoke song
- DIY flower pens

Group Activities

- LCR game with prizes
- TS Q&A
- Plan and record TikTok-type TS videos
- Driving (professional)
- Improv: Make it Up with peers and also with non-TS group
- Plan a Group Karaoke Song for Friday night
- Making and navigating friendships (professional)
- Talk with a Doc- Endocrinologist
- Q&A with 20-year-olds with TS
- NLD+ (professional)

- Karaoke
- Splash Pad at the Park, helping the 5-10-year-old girls

Downtime

- 2 snacks/breaks each day (morning and afternoon)
 - Chill time
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Group 6: Non-TS 11- 17

Leaders: Terra Stephens and Ryan Cignarella

Activities

Group introductions and icebreakers (we expect parents to be busy elsewhere)

Crafts

- Jacket/ bag pulls
- Painting with friends

Group Activities

- Farkle game
- Improv with Maria and with the 14-18 year-old group
- LCR game with prizes
- Plan a group karaoke song
- Talk about life (professional)
- Scavenger hunt in the park
- Talk with leaders
- Apples to Apples game
- Mad Science activities

Downtime

- 2 snacks/breaks each day (morning and afternoon)
- Chill in the park or on the patio
- Hang out by the pool and listen to music and visit (not swim)