

Driving Tips

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Driving/Navigating with Visual Spatial Deficits

- Get driving to get experienced.
- Driving is about seeing.
- It starts with seat adjustment.
- Target Driving is all-the-time driving.
- You drive to where your eyes look.
- Clear all intersections.
- Know if it is a “Turn” or “Gap” decision.
- Get mirrors right before driving (*no blind spot*).
- Collision-Free Driving only occurs without distractions.
- Collision-Free Driving only occurs with proper space.
- Collision-Free Drivers see Snipers and Chargers
- See your “Points of No Return.”
- Fail Safe: Seat Belt



Coaching Tips

- Get driving to get experienced.
- Never put an inexperienced driver in a situation she cannot handle.
- Make a plan with a single objective, before you get started.
- Before you get started, review what you plan to do to achieve objective.
- Don't be afraid to drive around a single block a thousand times.
- Don't Panic - it will only make things worse.
- If the inexperienced driver makes a mistake, pull over to a safe and legal place.
- Put emergency flashers on.
- Ask, what do think about how you ...?
- Explain what the inexperienced driver did wrong. Remember, you're the experienced driver.
- Explain what would be the right way to drive.
- Practice the right techniques before starting to drive.
- Be careful when you pull out.
- Review positives and negatives.

